

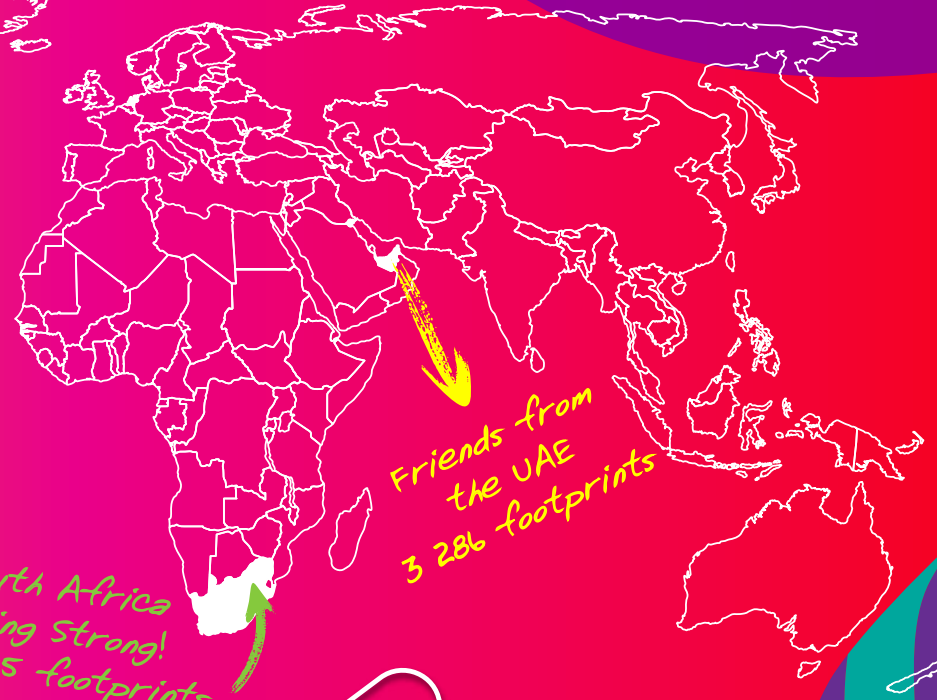
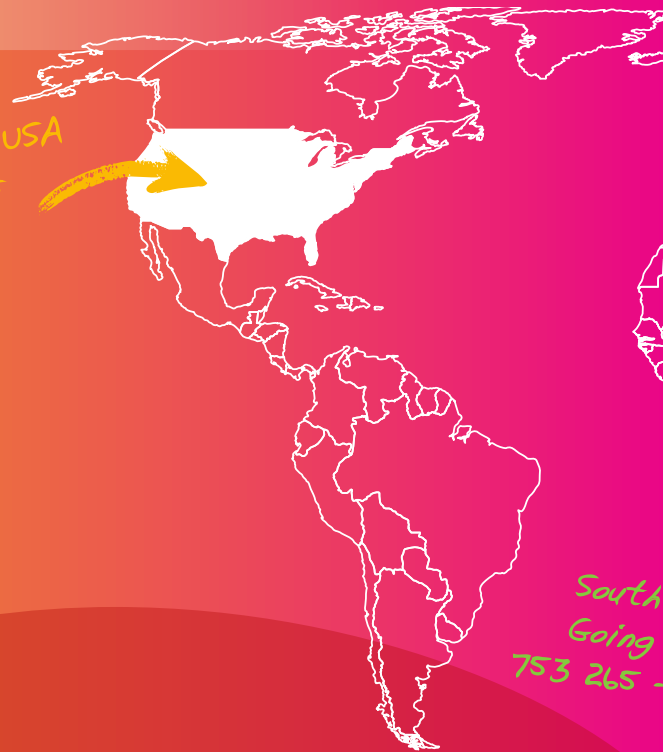
WORLDGIVING SERIES #6



Footprints
4 Sam

Hi y'all from the USA
123 footprints

FOOTPRINTS
756 674
WORKOUTS
11 834
SOCIAL
19 049
KM
181 580



Friends from
the UAE
3 286 footprints

South Africa
Going Strong!
753 265 footprints

COUNTRY	FOOTPRINTS	WORKOUTS	SOCIAL	KM
SOUTH AFRICA	753 265	11 759	18 894	180 921
UAE	3 286	73	155	653
USA	123	2	0	6
TOTAL	756 674	11 834	19 049	181 580



THE EQUIVALENT OF
4.5 TIMES
AROUND THE WORLD



Footprints = Base challenge measurement



Social = Number of posts made + likes given + 20% of likes received.



Activities = Number of individual sporting activities done by participants

WORLDGIVING SERIES #6

GO FOR IT! Get SPODGING!!!

1 SPODGE = 40% footprints + 40% workouts (activities) + 20% social posts (and then further weighted to only apply 20% of likes received).



Footprints 4 Sam

FOOTPRINT WINNERS

Introducing the Footprints 4 Sam

World Giving Series SPODGES

A SPODGE represents:

Sweating with Purpose
Love Overflowing
Determination & Giving for Everyone

Collect splodges through all the different challenges and make a difference in the lives of young vulnerable, chronically ill underprivileged children!

Challenge #6

All Participants earn their Challenge #6 SPODGE Don't break your streak!!

WORLDGIVING SERIES #6
CHALLENGE SIX
#F4SAMWGS

Challenge #7
19 April 2023 - 22 July 2023
Join in if you are not already in it!
Don't break your streak!

WORLDGIVING SERIES #6
MALE SPODGE
#F4SAMWGS

WORLDGIVING SERIES #6
FEMALE SPODGE
#F4SAMWGS

WORLDGIVING SERIES #6
TEAM SPODGE
#F4SAMWGS

SPODGE WINNERS



	User	Footprints
TOP MALE	1st Louis Janse Van Rensburg	18 420
	2nd Rory Kirton	18 267
	3rd Lyle Poulter	13 393
TOP FEMALE	1st Tharena Bartmann	14 640
	2nd Nicole Glickman	11 708
	3rd Caroline Poonan	10 589
TOP TEAM	1st Saevus4Sam	159 662
	2nd ACE Cycles	115 777
	3rd The Force	96 412
TOP AGE GROUP	1st 40 - 44	199 302
	2nd 35 - 39	126 866
	3rd 20 - 34	107 382

	Name	Footprints	Workouts	Social	Splodge
1st	Rory Kirton	18 267	240	1488,5	7 700
	Louis Janse Van Rensburg	18 420	186	0	7 442
	Lyle Poulter	13 393	122	0	5 406
2nd	Tharena Bartmann	14 640	174	0	5 925
	Nicole Glickman	11 708	204	509	4 866
	Caroline Poonan	10 589	168	16,5	4 306
3rd	Saevus4Sam	159 662	2 133	2 726	65 263
	ACE Cycles	115 777	1 373	846	47 029
	The Force	96 412	1 452	1 321	39 410

WORLDGIVING SERIES #6



Footprints
4 Sam

	Workouts	Footprints	Hours		Top Participant	Footprints
Boxing	20	924	18		Lizzy Oberholzer	265
Cycle	2 536	228 925	4 605		Adam Dawood Mahomed	10 970
Gardening	73	3 717	123		Lizzy Oberholzer	1 006
Golf	74	3 847	232		Michael Payne	1 105
Gym	703	34 392	925		Fiona Kimble	3 083
Gymnastic	40	5 166	251		Kirsten Rampono	5 040
Hiit	722	47 520	1 161		Louis Janse Van Rensburg	6 710
Hike/walk	2 346	58 244	3 404		Mehnaaz Ally	4 344
Horse back riding	69	6 910	245		Fran Laidler	6 181
Kayak	5	60	4		Karl-Heinz Koch	32
Martial arts	58	3 639	71		Brendan Oberholzer	2 043
Mountain biking	411	60 570	1 066		Irene Biljon	5 745
Netball	12	1 335	22		Karl-Heinz Koch	1 260
Pilates	165	6 512	181		Sarah Shaw	1 335
Rugby	5	521	9		Vincent Henning	291
Run	3 435	235 065	3 856		Caroline Poonan	7 868
Soccer	29	2 941	47		Karl-Heinz Koch	2 070
Spinning	157	13 264	220		Graham Savage	1 022
Surfing	4	414	10		Karl-Heinz Koch	294
Swimming	294	12 255	267		Therena Bartmann	2 672
Tennis	151	9 459	222		Tertius Du Plessis	2 299
Trail running	53	4 761	105		Nadine Walsh	1 180
Yoga	473	16 270	344		Michelle Koch	1 641
Totals	11 835		756 711			17 388



THE TOP 50

	First name	Surname	Username	Footprints
1	Louis Janse	Van Rensburg	lionking	18 420
2	Rory	Kirton	roryk	18 267
3	Therena	Bartmann	thebartlady	14 640
4	Lyle	Poulter	lep2305	13 393
5	Nicole	Glickman	nicoleglickman	11 708
6	Adam Dawood	Mahomed	gastro01	11 704
7	Caroline	Poonan	cpoonan	10 589
8	Tanit	Kruger	tdawg101	10 452
9	Jaques	Tanah	jt	10 308
10	Karl-Heinz	Koch	karlheinz55	9 802
11	Sarah	Crooks	sarahcrooks1	9 690
12	Brendan	Oberholzer	batman	9 679
13	Nico	Eagleton	diesel	9 663
14	Henk	Pretorius	towenaar	9 180
15	Stoffel	Eckley	dusty	8 892
16	John	Donaldson	john09	8 730
17	Fiona	Kimble	fionajkimblegmailcom	8 549
18	Johann	Cloete	johannc	8 490
19	Megan	Dempster	megdemp	8 296
20	Irene	Biljon	greenangel83	8 290
21	Christopher	Moolman	tappam	8 126
22	Lizzy	Oberholzer	joker	8 122
23	N	Steyn	sonskyn	8 109
24	Izell	Ruyttenberg	missy	8 058
25	Gregg	Biljon	watchman	8 000

	First name	Surname	Username	Footprints
26	Carin	Scholtz	carinscholtz	7 875
27	Robbie	Gien	robzilla	7 716
28	Caroline	Stacey	mulstacey	7 700
29	Michelle	Koch	mich	7 530
30	Karl	Quinn	karlieboi	7 461
31	Wilma	Hale	whale	7 423
32	Graham	Savage	savage	7 418
33	Mehnaaz	Ally	minnie	7 404
34	Heinri	Brink	heinribrink	7 336
35	Thallon (Thanos)	Hogg	thallonthanos	7 149
36	Bernard	Steyn	mannemerak	7 125
37	Pieter	Aucamp	spoke	7 097
38	Fran	Laidler	flaidler	7 066
39	Cian	Oldknow	cianoldknow	7 034
40	Liesel	Pretorius	roxy	7 000
41	Letitia	Louw	lihla	6 955
42	Nicholas	Moolman	noodlesm	6 916
43	Sergio	Murray	sergiom85	6 860
44	Tienie	Bester	10nie	6 836
45	Ingrid	Mcmahon	ingridjcmcmahon	6 666
46	Robert	Duncan	robertduncan	6 547
47	Michael	Payne	mypain	6 530
48	Anton	Van Der Merwe	slipcreator	6 453
49	Megan	Duffy	megduffy	6 376
50	Deadpool	Deadpool	deadpool	6 230

WORLDGIVING SERIES #1-#6



Footprints
4 Sam

THE TOP 50

	First name	Surname	Username	Footprints
1	Rory Kirton	Kirton	roryk	120 850
2	Nicole	Glickman	nicoleglickman	67 344
3	Sarah	Crooks	sarahcrooks1	53 198
4	Kirsten	Rampono	kirsten	53 155
5	Karl-Heinz	Koch	karlheinz55	50 929
6	Stoffel	Eckley	dusty	42 933
7	Charles	Ojur	ojur	46 719
8	Sergio	Murray	sergiom85	40 136
9	Fred	Platt	fredplatt	38 501
10	Michael	Payne	mypain	37 757
11	Henk	Pretorius	towenaar	37 328
12	Lauren	Argall	laurenargall	36 572
13	Bhavik	Ganda	bhavikganda	36 007
14	Karl	Quinn	karlieboi	32 864
15	Fiona	Kimble	fionajkimblegmailcom	31 516
16	Maureen	Watson	momo78	30 230
17	Steve	Bure	stevebure	30 168
18	Mareli	Hansen	marelih	29 722
19	Matt	Ralphs	mattralphs	29 499
20	Liesel	Pretorius	roxy	28 998
21	N	Steyn	sonskyn	28 245
22	Stuart	Cox	stuman	27 890
23	Catherine	Albertyn	cathalbertyn	27 621
24	Brendan	Oberholzer	batman	27 593
25	Mark	Thom	markthom	26 648

	First name	Surname	Username	Footprints
26	Sam	Harrington	samh	26 180
27	Robert	Duncan	robertduncan	25 143
28	Trudy	Fredericks	trudy	24 572
29	Minrie	Steyn	minrie	24 426
30	Anton	De Klerk	antondeklerk	23 851
31	Nico	Eagleton	diesel	23 733
32	Melissa	Williams-Platt	lissplatt	22 644
33	Fran	Laidler	flaidler	22 204
34	Ashraf	Coovadia	O92ash	22 077
35	Kurt	Heunis	kurtheunis	21 888
36	Pieter	Aucamp	spoke	21 627
37	Brenda	Cox	bee	20 586
38	Jaques	Tanah	jt	20 559
39	Michelle	Koch	mich	20 543
40	Izell	Ruyttenberg	missy	20 431
41	Julia	Thompson	jewels	20 244
42	Emma	Foster	emma	19 357
43	Tim	De Maayer	timdm	19 323
44	Vivian	Van Wyk	vivianvw	19 304
45	Shaun	Van Rensburg	shaunvanrensburg	18 933
46	Louis Janse	Van Rensburg	lionking	18 420
47	Gerrit	Pfahl	gerritpfahl	18 168
48	Ottilia Anna	Maunganidze	ottiliannam	18 074
49	Wendy	Hawes	whawes	17 910
50	Lizzy	Oberholzer	joker	17 894

THANK YOU

TO ALL PARTICIPANTS



6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 19.38 Distance: 3.23km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 77.20 Distance: 12.86km Time: 07:39:34

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 110.19 Distance: 21.25km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 232.98 Distance: 116.48km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 38.66 Distance: 6.44km Time: 04:23:04

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 97.35 Distance: 12.16km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 110.19 Distance: 21.25km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!



THANK YOU

TO ALL PARTICIPANTS



6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 56.06 Distance: 7.00km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Every small step in the right direction becomes the start of something amazing

Have a NICE day

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

54.00

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 16.20 Distance: 2.70km

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 36.67 Distance: 4.58km Time: 00:45:27

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 58.05 Distance: 29.02km Time: 01:13:07

6th #F4SamWGS Footprints 4 Sam
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

Raised: 176.75 Distance: 8.00km

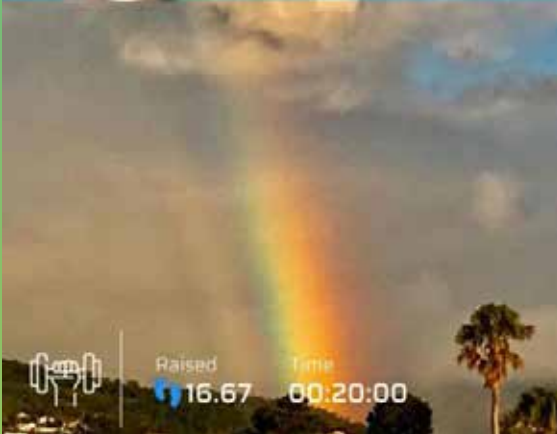


THANK YOU

TO ALL PARTICIPANTS



6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



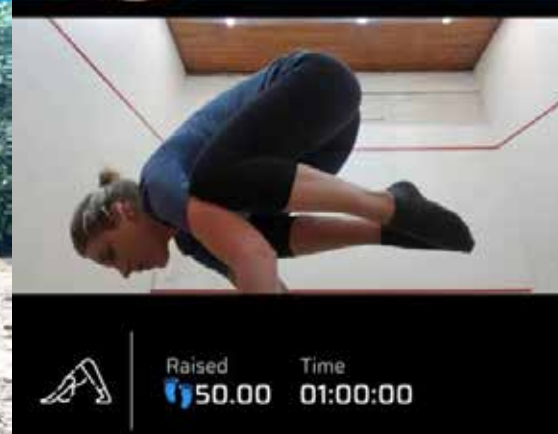
Raised: 16.67
Time: 00:20:00

6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



Distance: 12.46km

6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



Raised: 50.00
Time: 01:00:00

6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



0.90mi

6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



Raised: 26.19
Distance: 13.09km
Time: 01:03:57

6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



6th #F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!
Footprints 4 Sam



@bevan_f



THANK YOU

TO ALL PARTICIPANTS





#F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

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9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!



Footprints
4 Sam

#F4SamWGS

19 April - 22 July '23

HAVE YOU SIGNED UP FOR CHALLENGE #7?

www.Footprints4Sam.org



#F4SamWGS
9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

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9 December '22 - 8 March '23
Keep Moving, Sharing & Caring!

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